

Vita

Fred “Beau” Washington, PsyD, LPC

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Colorado Licensed Professional Counselor # 4431

Education:

University of Northern Colorado, Greeley, Colorado. Graduate, Doctorate in Counseling Psychology, 2005.

Doctoral Internship at Bert Nash Community Mental Health Center, Lawrence, Kansas. Completed August 2003.

Ball State University, Muncie, Indiana. MA in Counseling, 1999.

Masters Internship, White Path Center, Cherokee, North Carolina, 1999.

Mesa State College, Grand Junction, Colorado. BA in Psychology, 1997.

Colorado Mountain College, Aspen, Colorado. Emergency Medical Technician, 1973.

Kansas University, Lawrence, Kansas, 1973-1974.

Haskell Indian Nations University, Lawrence, Kansas, 1971-1973.

Employment:

American Foundation for Suicide Prevention, Reviewer for the Best Practices Registry, New York, NY, 2009 to present

Palisade Psychology Associates, Palisade, Colorado, 2005 to present

Cognitive therapist and researcher; organization development workshops, coaching, diversity evaluation and training

Ute Mountain Ute Indian Tribal Casino, Consultant, May 2008 to May 2009

Washington Visual Arts,

Owner, Freelance Producer of Advertising, 1982 to 1994.

Beau Wall Coverings, Aspen, Colorado

Owner, painter and wallpaper hanger, 1970-1982.

Traffic Control Officer, Snowmass, Colorado, 1979

Wheeler Opera House, Aspen, Colorado
Assistant Manager, 1977-1978.

Mountain Ambulance, Aspen, Colorado
Emergency Medical Technician, 1975-1979.

College and University Service:

University of Northern Colorado

Interviewer for in-coming Masters candidates, 1999-2000 and 2000-2001.

Member of UNC First Nations Student Organization, 1999-2005.

Ball State University

Consultant to University Program Board, 1997-1998.

Student Government Association, member, 1997-1998.

SGA diversity committee, member, 1997-1998.

Mesa State University

Native American Council, member, 1996-1997.

Activities Council, Program Chairperson, 1997.

Psychology Club, member, 1995-1997.

Haskell Indian Nations University

Student Council, member, 1971-1973.

Student Tribunal, member, 1972-1973.

Organization Development/Team Building Clinics

Ute Mountain Ute Indian Tribal Casino, Towaoc, Colorado, consultant, May 2008 to May 2009

Ute Mountain Ute Indian Tribal Casino, Towaoc, Colorado (May, 2008)
Gerald Pond, General Manager, 970-560-2511

Washington, B., (November, 2007). Tribal workshop with the Ute Indian Tribe,
Ft. Duchesne, Utah. Joe La Framboise, Health Education Director (November, 2007)
435-823-0314

Western Area Power Administration, Phoenix, Arizona (April, 2007)

Anthony H. Montoya, Chief Operations Officer
Western Area Power Administration
Lakewood, Co 720-962-7071

Western Area Power Administration, Phoenix, Arizona (October, 2007)
Ron Molton, Assistant Regional Manager for Operations, 602-605-2525

Presentations

- Washington, B., (September, 2009). Developing inner strength: Suicide prevention. The Ute Indian Tribe suicide prevention program. Ft. Duchesne, Utah.
- Washington, B., (September, 2009). Smoke signals. Suicide prevention program at reservation high school. Ft. Duchesne, Utah.
- Washington, B., (April, 2009). Don't control my mind! Ute Indian Tribe, 8th Annual Health Career & College Conference: Health is Life in Balance. Ft. Duchesne, Utah.
- Washington, B., (April, 2009). The battle from within: Harmony and balance. How do we get there from here? The National Indian Gaming Association Conference, Phoenix, Arizona.
- Washington, B., (September, 2008). Opening keynote speaker. Stronger Roots, Stronger Branches Conference, Prevention First, Naperville, Illinois
- Washington, B., (August, 2008). Pathological gambling and rumination. Responsible Gaming Association of New Mexico, Albuquerque, New Mexico
- Washington, B., (May, 2008). Cultural Considerations on a Cognitive Model of Addictions. Institute on Prevention & Treatment of Gambling Addiction, Albuquerque, New Mexico
- Washington, B., (April, 2008). Mental health and Native Americans. Ute Indian Tribe, 7th Annual Health Career & College Conference: Health is Life in Balance. Ft. Duchesne, Utah.
- Washington, B., & Gonzalez, D. M., (November, 2007). Poster presentation: Rumination in pathological gamblers. NCRG Conference on Gambling and Addiction, Las Vegas, Nevada.
- Washington, B., (April, 2007). Mental health and Native Americans. Ute Indian Tribe, 6th Annual Health Career & College Conference: Health is Life in Balance. Ft. Duchesne, Utah.
- Washington, B., (2006). The relationship among rumination and distraction in pathological gamblers. Presentation at the Rocky Mountain Psychological Association 76th Annual Meeting, Park City, Utah.
- Washington, B., (2006). Cognitive therapy and the missing treatment. 18th Annual Indian Health Service Research Conference. Albuquerque, New Mexico.
- Washington, B., (June, 2006). Developing resilience: The missing treatment in cognitive therapy. The 2006 IHS/SAMHSA Behavioral Health Conference. San Diego, CA.
- Washington, B., (June, 2006). Rumination and distraction in pathological gamblers: A cognitive model of addiction and implications for treatment. The 20th Annual

Conference on Prevention, Research and Treatment of Problem Gambling, St. Paul, Minnesota.

Washington, B., (2006). Mood disorder research on the Eastern Band of Cherokee Indians Reservation. Cherokee, North Carolina.

Washington, B., (2001). Therapy on Native American reservations. University of Northern Colorado Native American Summit, Greeley Colorado.

Kagee, A., Dixon, D. N., Washington, B., & Kuhn, A., (1998). The psychology of gifted adolescents: A construct validity study. Presentation at the 11th Annual Great Lakes Conference in Counseling Psychology, Bloomington, Indiana.

Panel Discussions

Washington, B., (April, 2008). Mental health and Native Americans. Ute Indian Tribe, 7th Annual Health Career & College Conference: Health is Life in Balance. Ft. Duchesne, Utah.

Faragher, F. M., & Washington, B., (October, 2007). Impact of casinos and legalized gambling on Native Americans. Panel discussion at 2nd Annual Problem Gambling in Colorado: Groups at Risk. University of Denver, Colorado.

Washington, B., (April, 2007). Mental health and Native Americans. Ute Indian Tribe, 6th Annual Health Career & College Conference: Health is Life in Balance. Ft. Duchesne, Utah.

Washington, B., Peacock, S., & Wynne, H., (June, 2006). Gambling research with Native Americans and First Nations: Rewards and challenges. Panel discussion at 20th Annual Conference on Prevention, Research and Treatment of Problem Gambling, St. Paul, Minnesota.

Stinchfield, R., Peacock, S., & Washington, B., (June, 2006). Gambling among American Indian public school students. Panel discussion at the 20th Annual Conference on Prevention, Research and Treatment of Problem Gambling, St. Paul, Minnesota.

Dixon, D. N., Washington, B., & Dixon, F., (1999). Overexcitability: Fact, fluency, or fantasy. Panel discussion at the 46th Annual National Association for Gifted Children Convention, Albuquerque, New Mexico.

Research Papers

Washington, B., & Wynne, H., (in progress) Clinical trials; cognitive thought-stopping in treatment.

Washington, B., (2005). The Relationship among rumination and distraction in pathological gamblers. Dissertation.

Washington, B., (1999). Relationship between fluency and overexcitability in gifted adolescents. Ball State University creative project.

Washington, B., (in progress). A cognitive thought-stopping technique.

Washington, B., & Gonzalez, D. M., (in progress). Rumination in pathological gamblers.

Washington, B., (in progress). Identifying the ruminative response style in individuals with alcoholism.

Washington, B., (in progress). Identifying the ruminative response style in domestic violence.

Community Service:

Palisade Lions Club; Palisade, Colorado
Board of Directors, 1991-1994.

Palisade High School Academic Awards; Palisade, Colorado
Chairperson, 1993-1994.

Palisade High School Accountability; Palisade, Colorado
Co-Chair, 1991-1993.

Aspen Center for Conflict Resolution; Aspen, Colorado
Board of Directors, 1988-1991.

Aspen Wine Classic; Aspen, Colorado
Chairperson, 1988.

International Design Conference of Aspen; Aspen, Colorado
Chairperson, 1987-1991.

40th Anniversary of the Aspen Skiing Company; Aspen, Colorado
Chairperson, 1986-1987.

World Cup Downhill Skiing Events; Aspen, Colorado
World Cup Timer, 1983-1988.

KJZY, Radio; Dallas, Texas
Aspen Weather/Ski Reporter, 1988.

Aspen Highlands Freestyle Skiing Competition; Aspen, Colorado
Judge, 1982-1989.

Colorado Governors Council on the Handicap;
Member, 1978.

Snowmass Resort Association Information; Snowmass, Colorado
Public Relations, 1979-1981.

Blind Outdoor Leisure Development (BOLD); Aspen, Colorado
Director, 1977.

Emergency Medical Technician;
1973-1983

Awards and Sponsorship:

Harrah's Entertainment Inc., Six days lodging at Harrah's Hotel and Casino, Reno, while conducting research, 2005.

Lyell L. Bussell Memorial Graduate Fund Award, \$300, 1998.

Outstanding Lion of the Year, 1993.

Aspen Community Service Award, 1976.

Membership:

National Council on Problem Gambling, Member, 2006-2009.

Problem Gambling Coalition of Colorado, Advisory Council member, 2007-present.

APA Student Affiliate, 1998-2004.

APA, Member, 2007-present.

Society of Indian Psychologists, Member, 2001-present.

Eastern Band of Cherokee Indians, Lifetime Member.